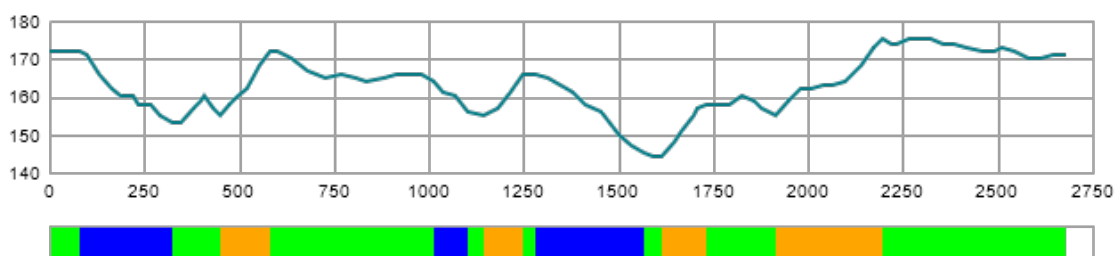




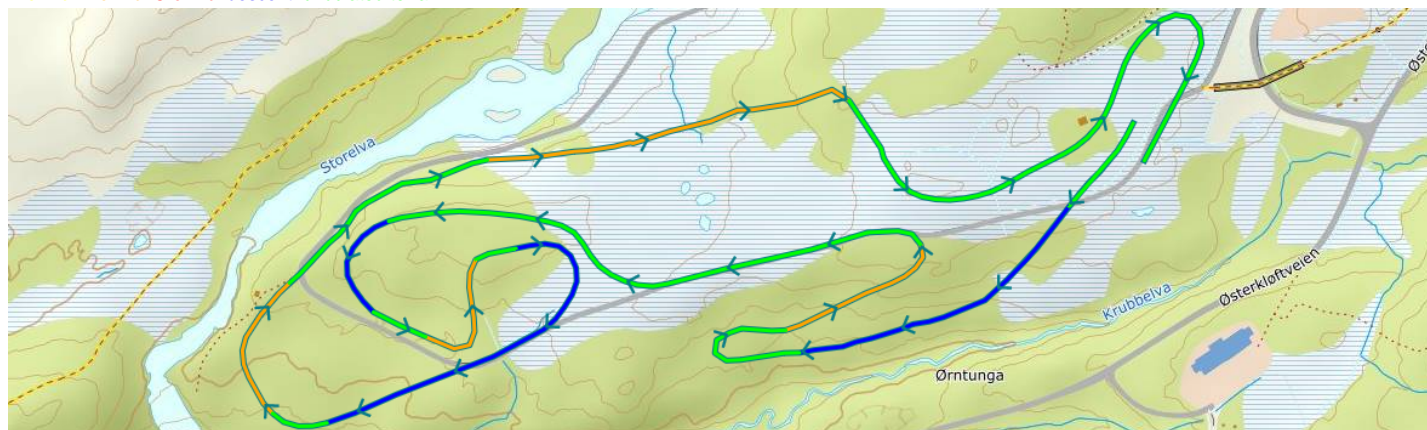
CERTIFICATE
OF FIS HOMOLOGATED CROSS-COUNTRY COURSE
FIS CROSS-COUNTRY COMMITTEE

(1) Registration number:	
(2) Name of the competition site:	Valnesfjord
(3) Name of city/region:	Nordland Skikrets
(4) Organizer:	
(5) National ski association:	Norges Skiforbund
(6) Contact person in the organizing committee:	Mathias Djupvik
(7) Homologation inspector:	Torbjørn Broks Pettersen
(8) Name of course:	Valnesfjord 2,5km
(9) Competition level for course	COC

Course length:	2,680m	Height difference (HD):	31m	Lowest point:	144m
Course category:	C	Maximum climb (MC):	20m	Highest point:	175m
		Total climb (TC):	77m		



A-climb B-climb C-climb descent undulated terrain



FIS Office

FIS Stamp

FIS Homologation
Responsible

Date of Issue

Valid until

(10) Overview of the uphill:

	No.	PTC	% of TC
- shorter climbs	4	62	80.5
- descents	3	0	0.0
- undulated terrain	8	15	19.5

(11) Stadium area:

		Indoor working room:	
Fixed stadium area	no	Timekeeping	no
Fixed building	no	Announcer	no
Temporary stadium	no	Jury	no
Temporary building	no	Race office	no
Good infrastructure (access, parking, media, etc.)	no		
Skitesting area along course/near stadium	no		
Warm up track near the stadium	no		

(12) Category for the stadium and course layout:

	Interval	Sprint	Skiathlon	Relay	Mass start
Stadium suitable for following competition formats					
Course suitable for following competition formats with					
a) Classical technique					
b) Free technique					
Course suitable for relay and skiathlon competition					
a) On same course					
b) Combined on different courses (C+D or D+D)					

(13) Possibility of snow making:

(14) Map Material:

(15) Source of accurate elevation data:





(16) Safety considerations:

(17) General remarks:

(18) Date of first inspection:

(19) Date of final inspection:

(20) Summary of terrain characteristics

	#	at m	PHD (m)	PTC (m)	grad. (%)	avg. grad.(%)	
A-climb		total		0			0.0% part of TC
B-climb		1	453	17	17	9.0 - 18.5	13.2
		2	1,148	11	11	5.7 - 14.9	10.8
		3	1,614	14	14	4.5 - 18.8	12.0
		4	1,914	20	20	3.3 - 14.8	7.0
		total		62			80.5% part of TC
C-climb		total		0			0.0% part of TC
undulated terrain		total		15			19.5% part of TC
		total climb		77			